

Your CITCLE Of Courage & Fortitude



In our circle of courage and fortitude, every story is a testament to the remarkable bravery of our paralyzed veterans. Despite life's unexpected twists and turns, you've shown us that true strength knows no bounds. Your resilience in the face of adversity leaves us in awe, proving that even in the depths of challenge, heroes rise. So, to our spinal cord injured and spinal cord disease veterans, paralyzed yet undeterred, welcome to a place where your bravery shines brighter than any obstacle. Here's to you, your family and supportive friends, the epitome of courage, as we serve, support and honor your unwavering spirit and indelible mark on our hearts.

We are your circle of courage and fortitude. We are KIPVA...together.



A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles.



Christopher Reeve



PRESIDENT'S STATEMENT

To our KIPVA Chapter Members, Donors, Volunteers, Caregivers, Friends and Family,

I am honored to serve this chapter, it's members, their families and our community. I have been a member of KIPVA for over 20 years and it is my passion and my heart that the chapter grows in numbers and in strength. We have been working on programs and implementing changes to accommodate.

As we continue to build relationships with our members and volunteers, we share our stories; build and grow. Our stories and experiences can fuel others and make the difference in their own personal situations. There is strength in numbers and power in unity. Together, we can bring encouragement to one another, and as a whole, make an impact in our PVA organization and in our community.

Together, we are strong!

All My Best,

Tom Vallandingham President

The Kentucky-Indiana Chapter Paralyzed Veterans of America





about us

The Kentucky - Indiana Chapter is one of 34 Chapters of Paralyzed Veterans of America that continue the fight to ensure that all veterans and people with disabilities, and their families, have everything they need to thrive. KIPVA is a 501(c)(3) tax-exempt non-profit organization that represents the interests and concerns of paralyzed veterans and other individuals with disabilities throughout the states of Kentucky & Indiana.

membership

Membership is free and open to those that have served in the military and have a spinal cord injury or disease. Paid affiliate and associate memberships are available to members of the Kentucky-Indiana disabled community and all of those who are interested in supporting our work.

The organization's primary focus is veterans' issues, notably quality healthcare for veterans with spinal cord injuries and dysfunction (SCI/D) such as Multiple Sclerosis (MS). KIPVA is interested in all issues affecting the lives of persons with disabilities. The Kentucky-Indiana Chapter is supported by PVA National, chapter fundraising efforts and regional donors and supporters.

SPECIAL PROGRAMS AVAILABLE TO LIFETIME MEMBERS

- Hardship Assistance
- Transportation Assistance
- Resource Referrals
- · Adaptive Sports Funding & Programming
- · Ticket Reimbursement Program

In the fiscal year 20/21 the chapter offered special assistance to members who were financially suffering due to the COVID 19 pandemic. Prepaid visa cards were available to any member in need and assistance with purchasing groceries and other items were available to any member with a need.

OUT LEADERSHIP



Tom Vallindingham President



Michael Murphy Vice-President



Christine Ledger Treasurer



Tamara Lawter

Secretary



Roy Gray Board Member



Ted Rake Board Member



Lucas Sawyer Board Member

Kentucky - Indiana Chapter

CHAPTER ADMINISTRATION

OFFICERS

President: Tom Vallandingham

Vice President: Michael Murphy

Secretary: Tamara Lawter

Treasurer: Christine Ledger

BOARD OF DIRECTORS

Roy Gray Ted Rake Lucas Sawyer

CHAPTER STAFF

Executive Director: Reg McCutcheon

Office Manager: Lawrita Brawner

PROGRAM DIRECTORS



Kentucky-Indiana Chapter





Reg McCutcheon Executive Director



Lawrita Brawner

Office Manager

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Only one who devotes himself to a cause with his whole strength and soul can be a true master...mastery demands all of a person.

Albert Einstein



EXECUTIVE DIRECTOR'S REPORT

Friends.

We've completed another year and audit here at KIPVA. Enclosed you will find our financials for the 2022-2023 Fiscal Year. Please take the time to review. We had a successful year of events and opportunities to meet and communicate with our membership. Through our revised Newsletter we're able to provide it for you digitally and via USPS.

More critically we have a new Board of Directors:

Tom Vallaningham - President
Michael Murphy—Vice President
Tamara Lawter—Secretary
Christine Parrish—Treasurer
Roy Gray—Board Member
Ted Rake—Board Member
Lucas Sawyer—Board Member

As our new team gets acclimated and through National Training we anticipate great things in their two years term. We also hired a new Office Manager, Lawrita Brawner. She brings a wealth of experience and is eager to join us in our efforts to support our member and their families. Please feel free to reach out to us if we can be of any assistance to you or your family.

Be Blessed.

Kig / (Colfered)

Reg McCutcheon, D.Min, MA MS MFT Executive Director Lt COl USAF (ret)

STATEMENTS OF FINANCIAL POSITION

Assets	2023	2022
Current Assets		
Cash Prepaid expenses Investments Beneficial interest in third-party trust Land, building, and equipment, net	\$ 41,927 528,075 530,207 804,659	\$ 26,375 1,555 502,683 508,144 821,423
Total assets	\$ 1,904,868	\$ 1,860,180
Liabilities and Net Assets		
Liabilities		
Accounts payable Accrued expenses Note payable	\$ 21,157 1 ,821 403,704	\$ 20,207 1,660 423,027
Total liabilities	426,682	444,894
Net Assets		
Without donor restrictions With donor restrictions - purpose	947.979	906,339 803
With donor restrictions - perpetuity	530,207	508,144
Total net assets with donor restrictions	530,207	508,947
Total net assets	1,478,186	1,415,286
Total liabilities and net assets	\$ 1,904,868	\$ 1,860,180

Reported June 30, 2023.

STATEMENT OF FUNCTIONAL EXPENSES

Year Ended June 30, 2023

	Membership & Benefits	Public Affairs	Research	Program Total	Administrative & General	Fundraising	Total
Salaries	\$ 22,517	\$ 25,263	\$ 549	\$ 48,329	\$ 3,844	\$ 2,746	\$ 54,919
Sports		44,560		44,560			44,560
Depreciation	9,743	10,014	3,248	23,005	2,706	1,353	27,064
Professional fees	3,628	3,998	261	7,887	15,306	448	23,641
Interest	9,722	7,913	1,130	18,765	2,713	1,130	22,608
Occupancy	6,123	4,984	712	11,819	1,709	712	14,240
Conferences, meetings & travel	4,872	7,309		12,181			12,181
Assistance	11,050			11,050			11,050
Insurance	3,188	2,391	797	6,376	1,196	399	7,971
Office supplies	6,582	76		6,658	454	454	7,566
Telephone	2,301	2,985	62	5,348	560	311	6,219
Payroll taxes	1,717	1,927	42	3,686	293	209	4,188
Membership dues & programming	1,127	1,067	356	2,550	208	208	2,966
Information technology	235	403	7	645	20	7	672
Miscellaneous	308	74		382	93	66	541
Total expenses	\$ 83,113	\$ 112,964	\$ 7,164	\$ 203,241	\$ 29,102	\$ 8,043	\$ 240,386

Reported June 30, 2023

SERVICE

PVA NATIONAL SERVICE OFFICES

PVA Service Officers are specially trained in Veterans Administration law, benefits and healthcare, allowing them to provide specialized expertise to Veterans facing a spinal cord injury or disease. National Service Officers are available in Indianapolis & Louisville to assure that care & benefits through the Veterans Administration is optimized.

NATIONAL SERVICE OFFICES

KENTUCKY

321 West Main Street, Suite 390 Louisville, KY 40202 P. 502-277-9280 P. 800-795-3601 INDIANA

Indianapolis VARO - 575 N Pennsylvania Street, Room 313 Indianapolis, IN 46204 P. 317-916-3626 P.800-795-3601

As of January 2022, the Department of Veterans Affairs (VA), there are approximately

42,000 veterans

living with spinal cord injuries or disease (SCI/D) in the United States.

EDUCATION & COMMUNICATION

Outreach is not only the name of the chapter magazine, but the perfect descriptor for the chapter communication plan. Interacting with membership and key constituents such as healthcare providers, volunteers, supporters and the general public is key to fulfilling the mission.

COMMUNICATION CHANNELS UTILIZED BY THE CHAPTER INCLUDE:

- The Outreach Magazine & E-News
- Chapter Website: www.kipva.org
- · Chapter Blog: Outreach Online
- Social Media Facebook, Twitter & Instagram
- Memberships in Community Groups & Veterans Coalitions

Articles, resources, and information regarding VA news, benefits and health care, State and Federal legislation, chapter programs, member experiences and much more are share with members, volunteers, supporters and the public.

Strategic relationships with groups that support workforce diversity, accessibility in infrastructure, and other Veterans issues will foster an environment where accomplishments can be shared and magnified.



LEGISLATION & ADVOCACY



KIPVA has a growing government relations program with the mission of positively influencing legislation for veterans, persons with disabilities and non-profit organizations at the local, state and federal levels. Chapter representatives participate annually in the PVA Legislation & Advocacy seminar and maintain relationships with Senators & Congressmen to educate them about issues and legislation that affect our members.

Through membership in Kentucky's Joint Executive Veterans Council and the Indiana Coalition of Veterans, KIPVA joins the shared voices of veteran organizations across the states to educate state legislators on the needs of veterans and to support and encourage legislation that serves Veterans and all individuals living with disabilities in Kentucky & Indiana.

We connect members with state and local programs designed for Veteran or disability assistance and we educate members about where they can seek help, provide feedback or advocate for better accessibility.

At the local level, KIPVA embraces the opportunity to assist individual Veterans with issues regarding accessibility, discrimination and other barriers that prevent full participation in an active and thriving society.

FUNDRAISING



In order to best serve membership, the Kentucky – Indiana Chapter works diligently to raise money to support programs to benefit Veterans and others with spinal cord injury and disease, including:

- Partnership with PVA National to participate in the Wheels Helping Warriors Campaign for car donations.
- · Partnership fundraising with local groups and businesses who support KIPVA.
- Corporate & Employee donation programs.
- Special Events
- Individual Donations

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SPORTS AND RECREATION

Adaptive Sports have the power to changes lives by encouraging healthy activity, boosting confidence, restoring independence and opening hearts. Adaptive Sports and Recreation events help the chapter find new Veterans to serve, engage, and support members and their families.

The KIPVA sports program is focused on new and novice participants, providing introductory experiences, adaptive equipment and mentorship to encourage member veterans and others in the SCI/D community to try new activities and develop new interests.

The sports program also provides the opportunity for members to participate in national events such as the National Veterans Wheelchair Games, offering a life changing experience like no other. KIPVA develops sports clinics and camps along with a variety of recreational experiences for life & associate members. Members may apply for grants to participate in PVA National or Chapter sports programs or for individual sports grants to fund sports or fitness programs in their local communities.

THROUGH OUR ADAPTIVE SPORTS AND RECREATION. WE SEEK TO:

- Educate and inform members and the regional community about what activities are available.
- · Support adaptive sport and recreation programs across Kentucky & Indiana.
- · Provide educational funding for providers & potential providers.
- · Bring PVA National sports to the region.
- Eliminate barriers to participation.
- Foster strategic partnerships with sports and recreation providers to develop fully inclusive programs and activities.
- Provide funding for local programming and participation for Kentucky-Indiana PVA members to participate in national events.
- Connect Veterans and others to other adaptive sports funding resources.







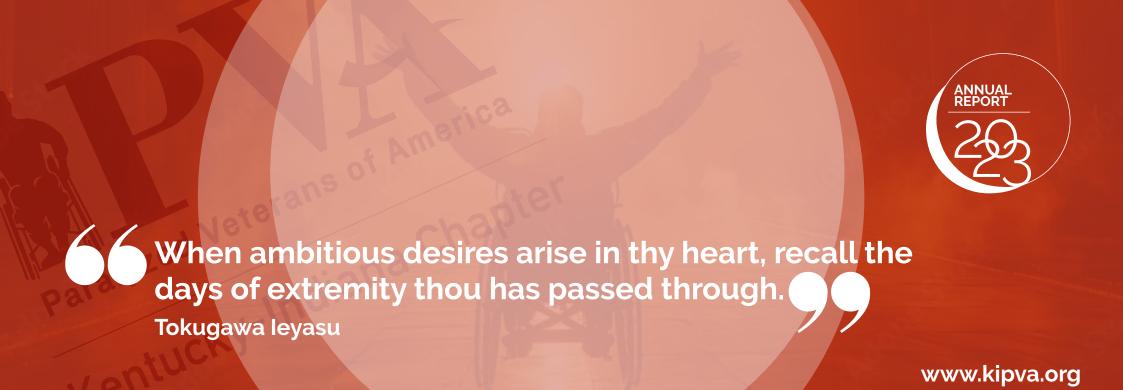


A circle is the reflection of eternity.
It has no beginning and it has no end...

Maynard James Keenan

THE STRENGTH OF THE CIRCLE The inherent strength of the circle as a geometric element is deeply rooted in the fundamental principles of physics and mathematics. From architecture to engineering and beyond, the circle stands as a testament to its structural integrity and efficiency. This inherent strength can be elucidated through various scientific proofs, which highlight its unique properties and resilience. Firstly, let's delve into the distribution of forces within a circle. When a force is applied to any point along the circumference of a circle, it is uniformly distributed in all directions. This even distribution of force minimizes stress concentration, making the circle inherently resistant to deformation and collapse. This principle is fundamental in structural engineering, where circular shapes are often employed in the design of bridges, domes, and other architectural marvels to withstand external loads effectively. Moreover, the circle boasts symmetrical properties that contribute to its strength. It is the only shape with a constant curvature along its entire perimeter, ensuring uniform stress distribution throughout its structure. This symmetry allows the circle to maintain its stability under various loading conditions, making it Your Circle of Courage & Fortitude an ideal choice for applications where structural integrity is paramount. Additionally, the geometric simplicity of the circle plays a crucial role in its strength. Unlike polygons with sharp edges and corners, which are prone to stress concentration and structural weaknesses, the smooth and continuous nature of the circle minimizes vulnerable points where forces can concentrate. This geometric simplicity enhances the circle's ability to withstand external pressures and ensures optimal load-bearing capacity. Furthermore, the mathematical properties of the circle contribute to its strength through concepts such as the centroid and moment of inertia. The centroid of a circle, located at its center, serves as a point of balance where external forces can be effectively distributed. Meanwhile, the moment of inertia, which quantifies an object's resistance to rotational motion, is maximized in a circle compared to other shapes of equal area. This property enhances the circle's stability and resistance to bending moments, further reinforcing its structural strength. In conclusion, the scientific proof of the inherent strength of the circle as a geometric element lies in its distribution of forces, symmetrical properties, geometric simplicity, and mathematical characteristics. These factors collectively contribute to the circle's resilience and efficiency in withstanding external loads, making it a cornerstone of structural design and engineering across diverse fields. From ancient architecture to modern infrastructure, the enduring strength of the circle continues to shape our built environment and inspire awe in its structural prowess.







Kentucky-Indiana Chapter

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